

2% MILK AVAILABLE

ELECTRA SERVICE CORPORATION

MARCH 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		2011-12 1 Cheeseburgers Potato Wedges Tomato, Lettuce, Pickles & Onion Melon Medley	CDH 3-12 2 Tacos w/ Salad Topping Pinto Beans Chuckwagon Corn Peanut Butter Cup	CDH 5-11 3 Lemon Tilapia Coleslaw Whole Kernel Corn Hushpuppies Cherry Crisp
		CDH 2016-12 6 Charbroiled Chicken Breast on a Bun Tomatoes & Lettuce Sweet Potato Fries Bananas	2011-13 7 Chicken Fried Steak Mashed Potatoes w/ Gravy Okra Corn Pumpkin Square	2011-04 8 Chicken & Dumplings w/ Peas Tossed Salad Wheat Roll Fruit Cup
CDH 2016-6 13 Meat Lasagna Four-way Salad Wheat Roll Citrus Medley	CDH 2016-1 14 Chicken Tortilla Soup Beef Fajitas w/ lettuce Pinto Beans w/ Salsa Sugar Cookies	2011-15 15 Teriyaki Chicken Rice w/ Sugar Snap Peas Stir Fry Vegetables Wheat Roll Strawberries & Bananas	CDH 2016-7 16 Roast Pork Loin Buttered New Potatoes Mixed Green Salad Wheat Roll Peaches	2011-25 17 Oven Fried Chicken Bow Tie Pasta Broccoli Raisin Salad Fruit Cocktail
BEK WK 2 Day 1 20 Chicken Enchiladas Spanish Rice / Salsa Pinto Beans / Crackers Cinnamon Pears	BEK WK 2 Day 2 21 Beef Pepper Steak Garlic Mashed Potatoes Capri Vegetables Wheat Roll Fresh Fruit	BEK WK 2 Day 5 22 Chopped Barbeque on Bun Pinto Beans Romaine Salad Fruit	BEK WK 2 Day 3 23 Chicken Salad on Lettuce Chunky Fruit Medley Lettuce/Tom/Pickle/Onion Wheat Bread Chocolate Chip Cookie	BEK WK 2 Day 4 24 Battered Cod Wedge Buttered Rice Lemon Broccoli WW Roll Snickerdoodle
2011-12 27 Cheeseburgers Potato Wedges Tom, Lett, Pickles & Onion Melon Medley	CDH 3-12 28 Tacos w/ Salad Topping Pinto Beans Chuckwagon Corn Peanut Butter Cup	CDH 2016-4 29 Pork & Vegetable Egg Roll Sweet & Sour Sauce Vegetable Rice Broccoli Sliced Peaches	2011-19 30 Glazed Meatloaf Red Bliss Potatoes Mixed Vegetables Breadstick Country Apple Crisp	CDH 5-11 31 Lemon Tilapia Coleslaw Whole Kernel Corn Hushpuppies Cherry Crisp

Please call the Senior Center at 495-4311 by 10 am on the days you want to come for lunch.

Recommended Donation: Seniors 60 and over \$3.00 Guests under 60 \$6.00