

2% MILK AVAILABLE

ELECTRA SERVICE CORPORATION

MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2011-15 1 Teriyaki Chicken Rice w/ Sugar Snap Peas Stir Fry Vegetables Wheat Roll Strawberries & Bananas	2011-35 2 Swedish Meatballs Parsley Noodles Mixed Vegetables Wheat Roll Angel Food Cake w/ Strawberries	2011-03 3 BBQ Chicken Filet Baked Potato w/ Sour Crm Mixed Vegetables WW Roll Mandarin Oranges	2011-13 4 Chicken Fried Steak Mashed Potatoes w/ Gravy Okra Corn Pumpkin Square
BEK WK 2 Day 4 7 Battered Cod Wedge Buttered Rice Lemon Broccoli WW Roll Snickerdoodle	BEK WK 2 Day 1 8 Beef Pepper Steak Garlic Mashed Potatoes Capri Vegetables Wheat Roll Fresh Fruit	BEK WK 2 Day 5 9 Chopped Barbeque on Bun Pinto Beans Romaine Salad Fruit	BEK WK 2 Day 3 10 Chicken Enchiladas Spanish Rice / Salsa Pinto Beans / Crackers Cinnamon Pears	BEK WK 2 Day 4 11 Chicken Salad on Lettuce Chunky Fruit Medley Lettuce/Tom/Pickle/Onion Wheat Bread Chocolate Chip Cookie
2011-16 14 Mushroom Steak Mashed Potatoes Peas & Carrots, WW Roll Emerald Pears	CDH 1-11 15 Chicken Tenders w/ Gravy Garlic Mashed Potatoes Turnip Greens WW Roll Mandarin Oranges	2011-26 16 Rigatoni w/ Meat Sauce Garlic Bread Seasoned Lima Beans Tossed Salad Mandarin Oranges w/Topping	2011-19 17 Glazed Meatloaf Red Bliss Potatoes Mixed Vegetables Breadstick Country Apple Crisp	BEK 2016 7-1 18 Italian Chicken Breast Herbed Red Potatoes Italian Green Beans Wheat Roll Cheesecake
CDH WK 7 Day 2 21 Pork Chop Black-Eyed Peas Turnip Greens Cornbread Applesauce	CDH WK 7 Day 3 22 Beef Pot Roast Roasted Potatoes, Carrots Onions & Peppers WW Roll Peach Cobbler	CDH WK 7 Day 4 23 Tacos w/ Salad Topping Pinto Beans Chuckwagon Corn Peanut Butter Cup	CDH WK 7 Day 1 24 Chicken Tetrizzini Italian Vegetables Tossed Salad Garlic Bread Oatmeal Cookie	CDH WK 7 Day 5 25 Lemon Tilapia Mustard Greens Cucumber & Onions Cornbread Strawberry Shortcake
28 HOLIDAY CLOSED FOR MEMORIAL DAY	2011-25 39 Oven Fried Chicken Bow Tie Pasta Broccoli Raisin Salad Fruit Cocktail	2011-17 30 Taco Salad w/ Corn Chips Corn Watermelon Peach Cobbler	2011-12 31 Cheeseburger Potato Wedges Tomato, Lettuce, Pickles, Onion Melon Medley	

Please call the Senior Center at 495-4311 by 10 am on the days you want to come for lunch.

Recommended Donation: Seniors 60 and over \$3.00 Guests under 60 \$6.00