

2% MILK AVAILABLE

ELECTRA SERVICE CORPORATION

MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		CDH 7-11 1 Chicken Spaghetti Carrots & Zucchini Wheat Roll Bananas & Vanilla Pudding	2011-13 2 Chicken Fried Steak Mashed Potatoes w/ Gravy Okra, Corn Pumpkin Square	2011-25 3 Oven Fried Chicken Bow Tie Pasta Broccoli Raisin Salad Fruit Cocktail
BEK WK 2 Day 4 6 Battered Cod Wedge Buttered Rice Lemon Broccoli WW Roll Snickerdoodle	BEK WK 2 Day 1 7 Beef Pepper Steak Garlic Mashed Potatoes Capri Vegetables Wheat Roll Fresh Fruit	BEK WK 2 Day 5 8 Chopped Barbeque on Bun Pinto Beans Romaine Salad Fruit	BEK WK 2 Day 3 9 Chicken Enchiladas Spanish Rice / Salsa Pinto Beans / Crackers Cinnamon Pears	BEK WK 2 Day 4 10 Chicken Salad on Lettuce Chunky Fruit Medley Lettuce/Tom/Pickle/Onion Wheat Bread Chocolate Chip Cookie
2011-26 13 Rigatoni w/ Meat Sauce Garlic Bread Seasoned Lima Beans Tossed Salad Mandarin Oranges w/Topping	BEK 2016 7-1 14 Italian Chicken Breast Herbed Red Potatoes Italian Green Beans Wheat Roll Cheesecake	2011-16 15 Mushroom Steak Mashed Potatoes Peas & Carrots, WW Roll Emerald Pears	2011-12 16 Cheeseburger Potato Wedges Tomato, Lettuce, Pickles, Onion Melon Medley	CDH 1-11 17 Chicken Tenders w/ Gravy Garlic Mashed Potatoes Turnip Greens WW Roll Mandarin Oranges
CDH WK 7 Day 2 20 Pork Chop Black-Eyed Peas Turnip Greens Cornbread Applesauce	CDH WK 7 Day 4 21 Tacos w/ Salad Topping Pinto Beans Chuckwagon Corn Peanut Butter Cup	CDH WK 7 Day 1 22 Chicken Tetrizzini Italian Vegetables Tossed Salad Garlic Bread Oatmeal Cookie	CDH WK 7 Day 3 23 Beef Pot Roast Roasted Potatoes, Carrots Onions & Peppers WW Roll Peach Cobbler	CDH WK 7 Day 5 24 Lemon Tilapia Mustard Greens Cucumber & Onions Cornbread Strawberry Shortcake
27 <b>HOLIDAY</b>  <b>CLOSED FOR MEMORIAL DAY</b>	2011-03 28 BBQ Chicken Filet Baked Potato w/Sour Cream Mixed Vegetables WW Roll Mandarin Oranges	2011-17 29 Taco Salad w/ Corn Chips Corn Watermelon Peach Cobbler	2011-19 30 Glazed Meatloaf Red Bliss Potatoes Mixed Vegetables Breadstick Country Apple Crisp	2011-15 31 Teriyaki Chicken Rice w/ Sugar Snap Peas Stir-Fry Vegetables Wheat Roll Strawberries & Bananas

Please call the Senior Center at 495-4311 by 10 am on the days you want to come for lunch.

Recommended Donation: Seniors 60 and over \$3.00 Guests under 60 \$6.00